

Ingredients List - October 2023

This information is based on the accuracy of the product information given by the food manufacturers. EGG'D has made every effort to ensure the accuracy of the information at the time of writing; however, it is possible that ingredient changes and/or substitutions may occur before this list is updated.

ITEM	INGREDIENTS
Brioche Bun	Wheat Flour, Egg, Butter, Sugar, Skim Milk Powder, Emulsified Fat (vegetable oil, emulsifier (475)), Water, Salt, Emulsifier (E471, E475, E420, natural orange flavouring), Sunset glaze (maltodextrin, starch), flour improver [emulsifier (481), wheat flour, soya flour, anticaking agent (170), antioxidant (300), enzyme], Improver [wheat flour, stabilizer (920)]. Contains: Gluten, Egg, Dairy, Soy.
Gluten Free Bun	Water, Organic Sourdough (25%) (Brown Rice Flour, Water, Vegetable Gum [Guar Gum]), Modified Tapioca Starch [1442], Corn Starch, Coconut Oil, Kumara Powder (Sweet Potato) (2.8%), Polenta, Yeast, Fibre [Flax Fibre, Psyllium Husk], Salt, Vegetable Gum [Guar Gum], Emulsifier [Sunflower Lecithin].
Bacon	Pork (83%), Water, Salt, Brown Sugar, Mineral Salts (451, 452, 500), Sugar, Antioxidant (316), Preservative (250).
Egg - Whole	Whole Egg (free-range). Contains: Egg.
Egg - Scrambled	Whole Egg (free-range). Cream [99.9%], Thickener (401). Contains: Dairy, Egg.
Smoked Ham Sirloin	Pork (90%), Brine (Water, Seasoning (Sugar, Mineral Salts (451, 452, 508, 450), Dextrose (Maize), Vegetable Gum (407a), Salt, Antioxidants (316, 301), Preservative (250), Hydrolysed Vegetable Protein (Maize), Herb Extract, Acidity Regulator (262), Food Acid (331), Sucrose), Liquid Smoke.
Smashed Avocado	Hass Avocado (smashed).
Grilled Halloumi	Pasteurized Cow, Sheep and Goat's milk, Salt, Non Animal Rennet, Mint
Tasty Cheese	Pasturised Milk, Salt, Cultures, Enzymes (Non Animal Rennet). Contains: Dairy.
Chives	Chives - Fresh
Hash Brown	Potato (90%), Canola Oil, Salt, Spice Extract.
Red Onion	Red Onion: Fresh (sliced).
Spinach	Spinach - Fresh
Garlic Aioli	Vegetable Oil, Water, Acidity Regulator (260, 330), Sugar, Egg Yolk, Garlic (1.9%), Thickener (1442, 415, 412), Salt, Spices, Mustard Seeds, Preservative (202), Antioxidant (385). Contains: Egg and egg products.
Hollandaise Sauce	Canola Oil, Water, Eggs, Vinegar, Lemon, Shallot, Salt, Mustard, Thickener (415), Natural Colour (160a). Contains: Egg

ITEM	INGREDIENTS
Smoked Chipotle Mayo	Vegetable Oil, Water, Sugar, Chipotles (4.5%), Acidity Regulator (260), Thickener (1442, 1450, 415), Salt, Garlic, Spices, Lemon Juice Concentrate, Smoke flavour, Citrus Fibre, Preservative (202), Antioxidant (385).
Sticky Chilli Jam	Tomatoes (49%), Raw Sugar, Roasted Red Pepper, Vinegar, Thickener (Modified Starch, Xanthan Gum), Water, Salt, Garlic, Spices, Ginger, Vinegar Powder, Chilli.
Habanero	Water, Tomato Paste, Sugar, Capsicum, Onion, Apple Sauce, Apple Cider Vinegar, Soy Sauce, Spices, Thickener (1442, 415), Habanero Puree (2%) (Red Habanero Chilli (98%), Acidity Regulator (260)), Vegetable Oil, Salt, Natural Flavour, Preservative (202), Acidity Regulator (330), Antioxidant (300). Contains: Soybean and soy products.
Canola Oil	100% Canola Oil with Antioxidants (E319 & E320), Antifoam (E900) Added
Cream	Cream [99.9%], Thickener (401). Contains: Dairy.

Allergens List - October 2023

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✓ = Contains

* = May Contain Traces

X = Alternative allergy friendly option available

The term vegetarian is used to describe a person who includes eggs and milk in their diet for the classification in this listing.

Whilst we offer Gluten Free alternatives it is important to note all our food is prepared in the same kitchen. Whilst we do as much as possible to minimise any cross contamination, we cannot guarantee that a menu item can be completely free of allergens.

MENU ITEM	GLUTEN	DAIRY	SOY	EGG	NUTS (Peanuts, Treenuts)	SESAME	FISH OR POLLEN	VEGET- ARIAN	VEGAN
The Classic Your choice of fluffy scrambled or fried free range egg, free farmed bacon, tasty cheese, sticky chilli jam and aioli in a warm brioche bun. Can be made gluten friendly with a gluten free sourdough bun.	✓	✓	✓	✓	✓ T	✓			
O'I Smokey Your choice of fluffy scrambled or fried free range egg, free farmed bacon, tasty cheese, baby spinach, and smoked chipotle mayo in a warm brioche bun. Can be made gluten friendly with a gluten free sourdough bun.	✓	✓	✓	✓	✓ T	✓			
The Benedict Your choice of fluffy scrambled or fried free range egg, free farmed smoked ham sirloin, tasty cheese, chives and hollandaise sauce in a warm brioche bun. Can be made gluten friendly with a gluten free sourdough bun.	✓	✓	✓	✓	✓ T	✓			
The Smash Your choice of fluffy scrambled or fried free range egg, smashed avocado, tasty cheese and habanero in a warm brioche bun. Can be made gluten friendly with a gluten free sourdough bun.	✓	✓	✓	✓	✓ P&T	✓		✓	
The Grilled Halloumi Your choice of fluffy or fried egg, grilled halloumi, smashed avocado, grilled onions & sticky chilly jam in a warm brioche bun. Can be made gluten friendly with a gluten free sourdough bun.	✓	✓	✓	✓	✓ P&T	✓		✓	
The Ultimate Your choice of fluffy scrambled or fried free range egg, free farmed bacon, smoked ham sirloin, crispy hash brown, tasty cheese and sticky chilli jam in a warm brioche bun.	✓	✓	✓	✓	✓ T	✓			

